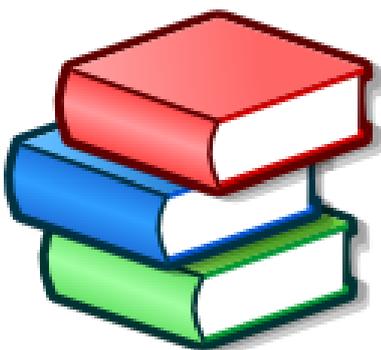


LINTON VILLAGE COLLEGE

YEAR 10
EXAMINATION
REVISION
PROGRAMME



2019





INTRODUCTION TO PARENTS

It is important that your son/daughter undertakes at least 25 hours of revision during the Easter holidays. This can be personalised to assist their individual learning style.

A good balance of revision and leisure time is recommended.

HOW YOU CAN HELP

All children are different, so there is no single approach to how a parent can help, but here are some suggestions:

DO

- ✓ Discuss with your child what will be involved in the revision period and what your role could be.
- ✓ Provide the environment necessary for success. Ideally, they need a quiet, well-lit place to study with interruptions kept to a minimum when they are working.
- ✓ Respond positively when they ask for help. Ask exactly how you can help and if you can't help immediately say when it is convenient.
- ✓ Give plenty of praise and encouragement, stay calm and don't expect too much.
- ✓ Keep them well supplied with food and drinks.
- ✓ Keep a low profile.
- ✓ Be prepared to listen when they want to talk about problems as everything becomes more emotional and heightened during the exam period.
- ✓ Encourage them to take regular breaks during long periods of revision.
- ✓ Encourage morning revision when the brain is more receptive and discourages studying right up to bedtime.

DON'T

- x Make comparisons with brothers, sisters, their friends and so on.
- x Unintentionally add to their worries by constantly mentioning the exams.
- x Relate too much to when you were sitting exams at school or how you did your revision.
- x Worry if their revision techniques seem strange or unusual.
- x Make a battleground out of whether or not they listen to music when doing their revision.
- x Distract them unnecessarily.
- x Expect them to study all the time as taking some time out to relax will have a positive effect on their work.



YOUR REVISION TIMETABLE

This booklet has included a revision timetable grid from Monday 1 April until the day of the last exam.

Getrevising.co.uk is a very useful website for organising your personalised revision programme. Alternatively use the timetable grid on the next few pages.

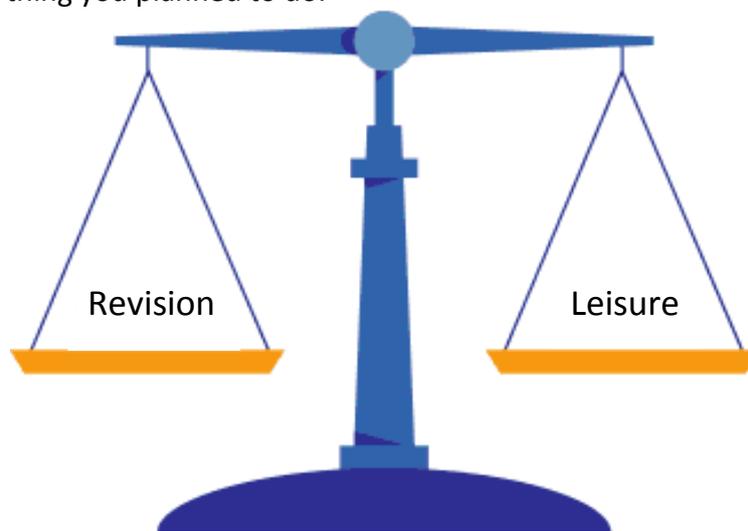
Why have a revision timetable?

- ✓ To avoid a last minute rush the night before an exam.
- ✓ To set up a routine and discipline yourself.
- ✓ To share revision time between subjects.
- ✓ To keep up with your revision.
- ✓ To spread out your revision.
- ✓ To get the right balance between revision and leisure time.
- ✓ To avoid wasting time trying to decide what to do for each revision session.



What goes wrong with timetables?

- There are 3 main reasons why timetables don't work out:
 1. They are drawn up to cover many weeks ahead.
 2. They are drawn up in too much detail.
 3. They are over-ambitious and unrealistic.
- Timetables can work for everyone and a good timetable is one that strikes the right balance between flexibility and routine.
- Revision timetables are not meant to tie you down in a rigid way but can be an excellent tool to help guide you through your revision period.
- If you are like most students, you will never stick exactly to your timetables and when you don't it doesn't mean that your timetables aren't working. Allow yourself some flexibility and don't worry if you don't do everything you planned to do.



DOING YOUR REVISION

The best revision methods involve being active. So don't just sit there – DO SOMETHING

Active or passive revision?

- Active revision means involving your eyes, ears and hands in variety of ways. Revising actively is the best way to make sense of the material you are revising and also helps you to remember it.



- Active methods of revision include:
 - GCSE Pod – HIGHLY RECOMMENDED
 - writing revision notes
 - using mind maps with key words for topics
 - using small record cards to reduce topics to keywords/phrases
 - reading notes aloud
 - recording key points onto an iPad, MP3 or phone
 - discussing topics with a friend
 - testing yourself
 - getting others to test you
 - rewriting notes
 - doing examples
 - trying past papers
 - using revision websites
 - attending support clubs offered by your teachers



Use as many of these methods as you find useful.

- Passively reading through your notes and books is a very poor method of revision. It doesn't help you to understand or remember what you are revising. Don't just sit there reading page after page until you get bored.



TOP TEN REVISION TIPS

- 1** Short bursts of revision (30-40 minutes) are most effective. Your concentration lapses after about an hour and you need to take a short break (5-10 minutes).
- 2** Find a quiet place to revise – your bedroom, school or library – refuse to be interrupted or distracted.
- 3** Make sure you don't just revise the subjects and topics you like. Work in your weaker ones as well.
- 4** Make your own revision notes because you will remember what you have written down more easily. Stick key notes to cupboards or doors so you can see them everyday.
- 5** Rewrite the key points of your revision notes; read them out loud to yourself. We remember more than twice as much of what we say aloud than of what we merely read.
- 6** Use different techniques. Make your own learning maps, use post-it notes to write key words on, create flash cards. Ask friends and family to test you. Use highlighter pens to mark important points. Chant or make up a rap song.
- 7** Practice on past exam papers or revision tests available on the web. Initially do one section at a time and progress to doing an entire paper against the clock.
- 8** You will need help at some stage, ask parents, older brothers and sisters, teachers or friends. If there is a teacher with whom you get on well at school ask for their e-mail address so you can clarify points you are unsure of whilst on study leave. Use websites specifically designed for revision.
- 9** Don't get stressed out! Eat properly and get lots of sleep!
- 10** Believe in yourself and be positive. If you think you can succeed you will; if you convince yourself that you will fail, that's what will probably happen.

Space for your notes