

Year 8 Physical Education Curriculum Plan

Topics covered	Assessments
<p>In all years the curriculum is varied so that students develop a wide range of skills, knowledge and strategies to be successful and enjoy physical activity.</p> <p>As a result they develop confidence to take part in different physical activities and learn how to lead a healthy and productive life. They work as individuals in groups and in teams to develop concepts of fairness, and personal and social responsibility.</p> <p>Through the range of experiences that we offer, they learn how to be effective in competitive, creative and challenging situations.</p> <p>Activities taught; Rugby, Hockey, Basketball, Badminton, Football, Netball, Fitness, Gymnastics, Cricket, Tennis, Rounders and Athletics.</p>	<p>Assessment concentrates on the concepts of Performance, skill development and knowledge and understanding of the activity and its benefits.</p> <p>There is some assessment of the students' ability to develop an active healthy lifestyle.</p>
<p>Home enrichment opportunities</p> <ul style="list-style-type: none"> • The department runs a comprehensive number of Lunchtime clubs which support the curriculum and are open to all. • Most Wednesday nights we have fixtures with local schools, in addition to this, further tournaments and friendly matches are regularly played. • Monday nights there are further opportunities to join in sports clubs. • The department also has good links with local clubs, national bodies and its own sports centre to extend pupils experience and enjoyment of physical education. 	