

YEAR 10 GCSE PHYSICAL EDUCATION CURRICULUM PLAN

TOPICS COVERED	ASSESSMENT
<p>EDEXCEL GCSE PHYSICAL EDUCATION -THEORY CONTENT;</p> <p>1.1.1; Healthy, active lifestyles and how they could benefit you. 1.1.2; Influences on your healthy, active lifestyles 1.1.3; Exercise and fitness as part of your healthy, active lifestyle 1.1.4; Physical activity as part of your healthy, active lifestyle 1.1.4; Physical activity as part of your healthy, active lifestyle 1.1.5; Your personal health and well-being.</p> <p>EDEXCEL GCSE PHYSICAL EDUCATION -PRACTICAL CONTENT;</p> <p>Over the course of the year a large number of sports will be taught, students have a degree of choice as to what they study. Options are as follows; Rugby Hockey Football Netball Badminton Basketball Tennis Table tennis Athletics Gymnastics Cricket Rounders Softball.</p>	<p>After each module there is an assessment, which is recorded and reflected in the students report. The students sit a mock exam at the end June.</p> <p>There is one element of coursework completed in the Easter term of year 10; it is based around a personal exercise plan.</p> <p>Sports are taught in blocks of three over a half term. The last two lessons in each block are assessment lessons, marked out of ten.</p>
<p>HOME ENRICHMENT OPPORTUNITIES</p> <p>The enrichment opportunities are found on the school website (www.lvc.org) where the students can login and access a large number of resources. The specification can also be found on the following website, which has some guidance on the coursework. http://www.edexcel.com/quals/gcse/gcse09/pe/Pages/default.aspx</p>	

YEAR 11 GCSE PHYSICAL EDUCATION CURRICULUM PLAN

TOPICS COVERED	ASSESSMENT
<p>EDEXCEL GCSE PHYSICAL EDUCATION -THEORY CONTENT;</p> <p>1.2.1; Physical activity and your healthy mind and body. 1.2.2; A healthy, active lifestyle and your cardiovascular system. 1.2.3; A healthy, active lifestyle and your respiratory system. 1.2.4; A healthy, active lifestyle and your muscular system. 1.2.5: A healthy, active lifestyle and your skeletal system.</p> <p>EDEXCEL GCSE PHYSICAL EDUCATION -PRACTICAL CONTENT;</p> <p>Over the course of the year a large number of sports will be taught, students have a degree of choice as to what they study. Options are as follows; Rugby Hockey Football Netball Badminton Basketball Tennis Table tennis Athletics Gymnastics Cricket Rounders Softball.</p>	<p>After each module there is an assessment, which is recorded and reflected in the students report. The students sit a mock exam at the end of November and another exam in the beginning of February. There are three elements of coursework completed at the beginning of year 11, these are based around rules and regulations, observation and assessment, and training drills.</p> <p>Sports are taught in blocks of three over a half term. The last two lessons in each block are assessment lessons, marked out of ten.</p>
<p>HOME ENRICHMENT OPPORTUNITIES</p> <p>The enrichment opportunities are found on the school website (www.lvc.org) where the students can login and access a large number of resources. The specification can also be found on the following website, which has some guidance on the coursework. http://www.edexcel.com/quals/gcse/gcse09/pe/Pages/default.aspx</p>	